

20160425-MINI MARATONA
Associacao De Atletismo De Castelo Branco

IV MEIA MARATONA C BRANCO-ALCAINS
FREGUESIAS C BRANCO/ALCAINS

Segunda, 25/04/2016

CLASSIFICAÇÃO INDIVIDUAL
ABSOLUTOS
FEMININOS

Clas.	Dor.	Nome do atleta	Nome da equipa	Tempo
1	272	MARIA JOAO RICO	ABSOLUTOS C TRIATLO FUNDAO	00:41:23
2	275	DANIELA PARENTE	ABSOLUTOS GCA DONAS	00:45:43
3	259	LEONOR FERNANDES	ABSOLUTOS FUNDAO RUNNING	00:47:18
4	281	MANUELA REAL	ABSOLUTOS ESTRELA CAMPO AVIACA	00:49:07
5	340	CELIA COTRIM	ABSOLUTOS CB RUNNING	00:49:09
6	347	CARLA PONTE	ABSOLUTOS CB RUNNING	00:50:08
7	353	CANDIDA PRETA	ABSOLUTOS INDIVIDUAL	00:52:04
8	262	ISABEL RODRIGUES	ABSOLUTOS FUNDAO RUNNING	00:52:37
9	270	SANDRA HEITOR	ABSOLUTOS C BENFICA ABRANTES	00:52:38
10	293	MARTA SOARES	ABSOLUTOS INDIVIDUAL	00:53:02
11	298	EDNA SALGUEIRO	ABSOLUTOS INDIVIDUAL	00:53:17
12	317	ANDREIA AMARAL	ABSOLUTOS C BENFICA CASTELO BR	00:53:26
13	320	EVA FARIA	ABSOLUTOS C BENFICA CASTELO BR	00:53:43
14	292	ANA AFONSO	ABSOLUTOS INDIVIDUAL	00:54:24
15	266	SARA PIRES	ABSOLUTOS ALCAINS ATHLETICS	00:55:02
16	350	ANA MARUJO	ABSOLUTOS CB RUNNING	00:55:20
17	351	ANA PALMEIRO	ABSOLUTOS CB RUNNING	00:59:27
18	358	SUSANA ROLAO	ABSOLUTOS INDIVIDUAL	01:00:20
19	256	SONIA NUNES	ABSOLUTOS FUNDAO RUNNING	01:00:49
20	343	CRISTINA PATRICIO	ABSOLUTOS CB RUNNING	01:03:57
21	257	ANA ROQUE	ABSOLUTOS FUNDAO RUNNING	01:04:30
22	258	ANABELA ROQUE	ABSOLUTOS FUNDAO RUNNING	01:04:31
23	384	MARTA SERODIO	ABSOLUTOS FUNDAO RUNNING	01:04:40
24	260	CLAUDIA FERNANDES	ABSOLUTOS FUNDAO RUNNING	01:05:59
25	251	LURDES FAZENDEIRO	ABSOLUTOS FUNDAO RUNNING	01:08:27
26	252	FILOMENA OPINIAO	ABSOLUTOS FUNDAO RUNNING	01:09:13
27	254	CRISTINA GUEDES	ABSOLUTOS FUNDAO RUNNING	01:09:38

CLASSIFICAÇÃO INDIVIDUAL
ABSOLUTOS
MASCULINOS

Clas.	Dor.	Nome do atleta	Nome da equipa	Tempo
1	274	ANTONIO CURTO	ABSOLUTOS GCA DONAS	00:33:14
2	383	NORBERTO NUNES	ABSOLUTOS ALBICHIP	00:33:21
3	269	CARLOS SANCHES	ABSOLUTOS C UNIAO IDANHENSE	00:33:55
4	380	ALEXANDRE VENANCIO	ABSOLUTOS INDIVIDUAL	00:35:02

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5	330	MIGUEL DUARTE	ABSOLUTOS	CCDR COMEAL DA TORRE	00:35:25
6	308	PEDRO NUNES	ABSOLUTOS	G APOIO SAMUEL BARAT	00:35:33
7	333	GONCALO SA	ABSOLUTOS	PENTA CLUBE COVILHA	00:35:55
8	341	TIAGO ALMEIDA	ABSOLUTOS	CB RUNNING	00:35:56
9	382	RUI ALVES	ABSOLUTOS	SERRAGEL	00:37:02
10	327	HENRIQUE QUELHAS	ABSOLUTOS	CCDR COMEAL DA TORRE	00:38:17
11	335	FREDERICO MATIAS	ABSOLUTOS	INDIVIDUAL	00:39:19
12	283	LUIS RATO	ABSOLUTOS	VET MEIA LEGUA	00:39:49
13	297	LEONIDIO AFONSO	ABSOLUTOS	C BENFICA CASTELO BR	00:39:54
14	294	MARCO RODRIGUES	ABSOLUTOS	INDIVIDUAL	00:39:56
15	326	TIAGO BIDARRA	ABSOLUTOS	CCDR COMEAL DA TORRE	00:40:03
16	285	JOSE RATO	ABSOLUTOS	VET MEIA LEGUA	00:40:14
17	273	ROGERIO PIRES	ABSOLUTOS	C TRIATLO FUNDAO	00:41:34
18	345	ANDRE VARAO	ABSOLUTOS	CB RUNNING	00:42:14
19	346	JOAO MARTINS	ABSOLUTOS	CB RUNNING	00:42:32
20	319	DAVID DIAS	ABSOLUTOS	C BENFICA CASTELO BR	00:43:07
21	315	ANDRE ANTUNES	ABSOLUTOS	C BENFICA CASTELO BR	00:43:10
22	290	SILVIO RODRIGUES	ABSOLUTOS	INDIVIDUAL	00:43:16
23	313	ROMEU AFONSO	ABSOLUTOS	CCD LEOES DA FLOREST	00:43:18
24	337	RUI RIBEIRO	ABSOLUTOS	INDIVIDUAL	00:43:51
25	334	JOSE MARGARIDO	ABSOLUTOS	INDIVIDUAL	00:43:51
26	268	OCTAVIO GIL	ABSOLUTOS	ALCAINS ATHLETICS	00:44:12
27	265	JOAO MATOS	ABSOLUTOS	ALCAINS ATHLETICS	00:44:14
28	328	LUCAS RIBEIRO	ABSOLUTOS	CCDR COMEAL DA TORRE	00:44:23
29	336	NUNO FRANCISCO	ABSOLUTOS	INDIVIDUAL	00:44:33
30	306	JOSE SERRANO	ABSOLUTOS	CDR PEREIRO	00:44:44
31	302	IZALDO BARATA	ABSOLUTOS	ALCAINS ATHLETICS	00:44:45
32	296	JOAO VAZ	ABSOLUTOS	INDIVIDUAL	00:45:02
33	264	JOSE MATOS	ABSOLUTOS	ALCAINS ATHLETICS	00:45:19
34	321	LUIS PATRICIO	ABSOLUTOS	C BENFICA CASTELO BR	00:45:20
35	280	PAULO BRITO	ABSOLUTOS	ESTRELA CAMPO AVIACA	00:45:23
36	278	JOSE OLIVEIRA	ABSOLUTOS	GCA DONAS	00:46:25
37	295	MARCELINO BELO	ABSOLUTOS	INDIVIDUAL	00:47:07
38	322	ANTONIO BEIRAO	ABSOLUTOS	INDIVIDUAL	00:47:07
39	310	ANDRE HENRIQUES	ABSOLUTOS	CCD LEOES DA FLOREST	00:47:12
40	253	JOAQUIM GUEDES	ABSOLUTOS	FUNDAO RUNNING	00:49:03
41	279	CARLOS MATIAS	ABSOLUTOS	ESTRELA CAMPO AVIACA	00:49:07
42	291	FRANCISCO MORGADO	ABSOLUTOS	COBIS	00:50:07
43	339	MICHAEL MARTINS	ABSOLUTOS	CB RUNNING	00:51:31
44	354	JOAO FAZENDA	ABSOLUTOS	INDIVIDUAL	00:52:05
45	325	RUI LUIS	ABSOLUTOS	C BENFICA CASTELO BR	00:54:24
46	267	LUIS VITORINO	ABSOLUTOS	ALCAINS ATHLETICS	00:54:46
47	503	ANTONIO DUARTE	ABSOLUTOS	ALCAINS ATHLETICS	00:55:20
48	284	FRANCISCO RATO	ABSOLUTOS	VET MEIA LEGUA	00:55:43
49	342	FRANCISCO REBELO	ABSOLUTOS	CB RUNNING	00:59:31
50	282	JOAO BARATA	ABSOLUTOS	VET NT GERACOES TEIX	01:00:49
51	289	RUBEN PEDRO	ABSOLUTOS	INDIVIDUAL	01:04:17
52	359	MANUEL ESTEVES	ABSOLUTOS	INDIVIDUAL	01:04:40